



Judson Center
CHILD & FAMILY SERVICES



DATE:

Saturday,
March 19, 2022

TIME:

9:00 am - 12:00 pm

Join Zoom Meeting

[https://
us02web.zoom.us/
j/82381873508?
pwd=enNqLzZJRkJ6a
3BLeUIVSUpzSkhpdz
09\](https://us02web.zoom.us/j/82381873508?pwd=enNqLzZJRkJ6a3BLeUIVSUpzSkhpdz09)

www.childsafemichigan.org

www.judsoncenter.org



Trauma Focused Parenting Strategies

Please join us as we provide an introduction to Trauma Focused Parenting Strategies for foster, adoptive and kinship (FAK) families. This workshop is a resource for families to understand how patterns of childhood abuse and neglect impact a child's development.

A trauma-focused parenting approach equips FAK parents with strategies and tools to help the children in their care counteract the impact of abuse, neglect and traumatic stress. This training provides an understanding of how a child who has experienced complex trauma interacts with their environment and caregivers. FAK parents will learn practical strategies to help children build healthy coping, attachment and resilience skills.



Rachel Kornilakis is a private practice Therapist who specializes in treating Post Traumatic Stress Disorder in children and adults. Rachel holds a Master's Degree in Social Work from the University of Michigan where she was a Child Welfare Scholar. Much of Rachel's experience comes from her personal journey as a foster and adoptive mother.

If you have questions on this training, please contact:

Melissa Covell

melissa_covell@judsoncenter.org